



“Life’s Healing Choices”

**“Freedom from your
Hurts, Hang-ups &
Habits”**



The Reality Choice:

**Realize I'm not God,
admit I'm powerless to
control my tendency
to do the wrong thing
and my life is
unmanageable.**



The Hope Choice:

**Earnestly believe that
God exists, that I
matter to Him, and
that He has the power
to help me change.**



The Commitment Choice:

**Consciously choose to
commit all my life and
will to Christ's care
and control.**



The Housecleaning Choice:

I openly examine and confess my faults to myself, to God, and to someone I trust.



“Happy are the pure in heart, for they will see God.”

Matthew 5:8
Good News Bible



“All of us have sinned and fallen short of God’s glory.”

Romans 3:23
Contemporary English Version



“I have come in order that you might have life - life in all its fullness.”

John 10:10
Good News Bible



**Jesus doesn't
want me to be
religious.**

**He wants me
to be real.**



“Jesus cried with a loud voice, ‘Lazarus, come forth!’ And he who had died came out bound hand and foot with graveclothes, and his face was wrapped with a cloth. Jesus said to them, ‘Loose him, and let him go.’ ”

**John 11:43-44
New King James Version**



**“If the Son sets you free, you
will be free indeed.”**

**John 8:36
New International Version**



“Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!”

2 Corinthians 5:17
New Living Translation



The basis for a
pure heart is not
how good
you've been,
but how good
God is.



**“You have looked deep
into my heart, Lord, and
You know all about me.”**

**Psalm 139:1
Contemporary English Version**



**“If we confess our sins,
He is faithful and just and
will forgive us our sins
and purify us from all
unrighteousness.”**

**1 John 1:9
New International Version**



“Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases Him.”

Philippians 2:12-13
New Living Translation



“Finally, I confessed all my sins to You and stopped trying to hide my guilt. I said to myself, ‘I will confess my rebellion to the LORD.’ And You forgave me! All my guilt is gone.”

Psalm 32:5
New Living Translation



Remember God's
kindness



**“God’s kindness leads
you toward repentance.”**

**Romans 2:4
New International Version**



“Therefore, there is now no condemnation for those who are in Christ Jesus.”

Romans 8:1
New International Version



**“God has shown us how
much He loves us---it was
while we were still
sinners that Christ died
for us!”**

**Romans 5:8
Good News Bible**



**Remember God's
faithfulness**



**“I’m convinced that God,
who began this good
work in you, will carry it
through to completion on
the day of Christ Jesus.”**

Philippians 1:6
God's Word



**“I will never leave you; I
will never abandon you.”**

**Hebrews 13:5
Good News Bible**



Remember God's
promises



**“If we confess our sins,
He is faithful and just and
will forgive us our sins
and purify us from all
unrighteousness.”**

**1 John 1:9
New International Version**



“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.”

Ezekiel 36:26
New International Version