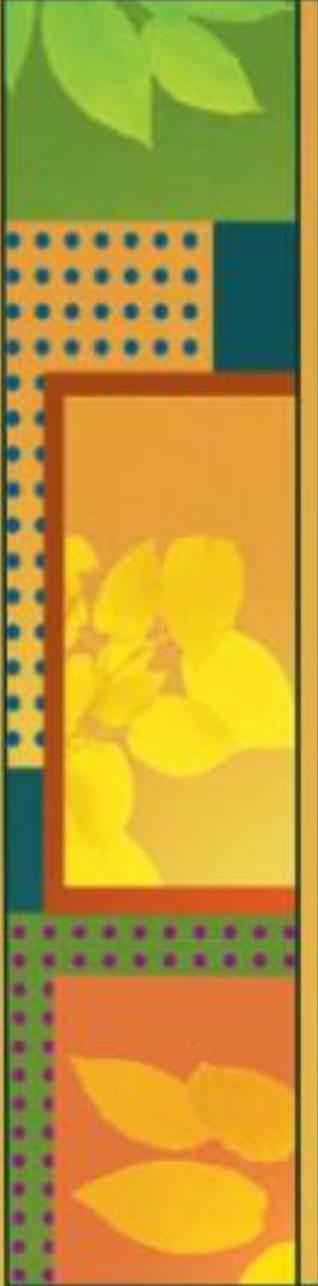


Life's Healing Choices

“Freedom from your Hurts, Hang-ups & Habits”



Session Five:

“The Transformation Choice”



Transformation Choice:

**Voluntarily submit to
every change God
wants to make in my
life and humbly ask
Him to remove my
character defects.**



“Blessed are those who hunger and thirst for righteousness, for they will be filled.”

Matthew 5:6
New International Version



1. Conflict: A struggle with others



“Jacob heard that Laban’s sons were saying, ‘Jacob has taken everything our father owned and has gained all this wealth from what belonged to our father.’ And Jacob noticed that Laban’s attitude toward him was not what it had been.”

**Genesis 31:1-2
New International Version**



“The messengers returned to Jacob and said, ‘We went to your brother Esau, and now he is coming to meet you, with an army of 400 men!’ Jacob was terrified at the news.”

Genesis 32:6-7
New Living Translation



**“Then Jacob prayed, ‘O
God ...O Lord... I am
unworthy of all the
kindness and faithfulness
You’ve shown me... save
me I pray... for I am
afraid...’ ”**

**Genesis 32:9-11
New Living Translation**



**“God blesses those who
realize their need for
Him.”**

**Matthew 5:3
New Living Translation**



2. Crisis: I struggle with God



“Jacob got them safely across the brook Jabbok along with all his possessions. But Jacob stayed behind and was left all alone in the camp, and a Man came and wrestled with him until dawn. When the Man saw that He couldn’t win the match, ...

Genesis 32:23-25
New Living Translation/Message



... He struck Jacob's hip
and knocked it out of
joint at the socket."

Genesis 32:23-25
New Living Translation/Message



**“Before Jacob was born,
he struggled with his
brother; when he
became a man, he even
fought with God.”**

**Hosea 12:3
New Living Translation**



3. Commitment:
I commit to
God's changes



**“Then the Man said, ‘Let
me go, for it is dawn.’
But Jacob panted, ‘I
won’t let you go unless
you bless me!’ ”**

**Genesis 32:26
New Living Translation**



“Do not let any part of your body become a tool of wickedness, to be used for sinning. Instead, give yourselves completely to God since you have been given new life. And use your whole body as a tool to do what is right for the glory of God.”

Romans 6:13
New Living Translation



4. Confession:
I admit I'm
the problem



**“The Man asked him,
‘What is your name?’
‘JACOB’, he answered.”**

**Genesis 32:27
New International Version**

A vertical decorative bar on the left side of the slide. It features a repeating pattern of colored squares (green, orange, blue, red) with a dotted border. Within these squares are stylized yellow leaf-like shapes.

Jacob =
“deceiver/
manipulator”



“The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

Psalm 34:18
New International Version



5. Conversion:
I get a new
identity!



**“Then the Man said,
‘Your name will no longer
be Jacob, but ISRAEL ...
Then He blessed him
there. So Jacob called
the place Peniel, saying,
‘It is because I saw God
face to face...’ ”**

**Genesis 32:28-30
New International Version**

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Israel =
“Prince with
God”



“The sun rose as Jacob left Peniel, and he was limping because of his hip.”

Genesis 32:31
New Living Translation



PAUL: “To keep me from becoming conceited... I was given a thorn in my flesh, to torment me. Three times I pleaded with the Lord to take it away from me. But He said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ ...

2 Corinthians 12:7-9
New International Version



**... Therefore I boast
about my weaknesses,
so that Christ's power
may rest on me."**

2 Corinthians 12:7-9
New International Version