



*"Breath Again"*



*"Stay the Course"*

*Now the Lord said to Abram,  
"Go forth from your country,  
And from your relatives  
And from your father's house,  
To the land which I will show you;*

*Genesis 12:1, NASB*

*And I will make you a great  
nation,  
And I will bless you,  
And make your name great;  
And so you shall be a blessing;*

*Genesis 12:2, NASB*

“We are all works in progress, with buried seeds of potential. That means we don’t have to have it all figured out right now. The potential inside us will grow into the harvest God ordained if we say yes when He says go.”

*Stacey Hanegan*

*I. Fight the desire to quit  
when being  
overwhelmed.*

Desire is an intense want or craving that motivates and drives individuals to pursue a particular goal, outcome, or object.



*Our desires write the script  
for our destiny.*



*Delight yourself also  
in the Lord,  
And He shall give you the  
desires of your heart.*

*Psalm 37:4, NKJV*

*II. God uses pain as a tool to  
build spiritual muscle.*

*And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness. Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me."*

*2 Corinthians 12:9, NKJV*

*III. God is testing your faith  
in the fire.*

*These trials are only to test your faith, to see whether or not it is strong and pure.*

*It is being tested as fire tests gold and purifies it-and your faith is far more precious to God than mere gold.*

*1 Peter 1:7, TLB*

*IV. Don't jump ship trying  
to avoid God!*

*But Jonah got up and went in the opposite direction to get away from the Lord. He went down to the port of Joppa, where he found a ship leaving for Tarshish. He bought a ticket and went on board, hoping to escape from the Lord by sailing to Tarshish.*

*Jonah 1:3, NLT*

*But the Lord sent out a great wind on the sea, and there was a mighty tempest on the sea, so that the ship was about to be broken up.*

*Jonah 1:4, NKJV*



*1 Then Jonah prayed unto the  
LORD his God out  
of the fish's belly,*

*2 And said, I cried by reason of  
mine affliction unto the LORD, and  
he heard me; out of the belly of  
hell cried I, and you hear my voice.*

*Jonah 2:1-2, KJV*