



Life's Healing Choices

“Freedom from your
Hurts, Hang-ups & Habits”



Session Six:

“The Relationship Choice”



The Relationship Choice:

I evaluate all my relationships, offer forgiveness to those who have hurt me, and make amends for harm I've done to others, except when to do so would harm them or others.



“At that point Peter got up the nerve to ask, ‘Master, how many times do I forgive a brother or sister who hurts me? Seven?’

“Jesus replied, ‘Seven! Hardly. Try seventy times seven. ...

Matthew 18:21-35
Message



... “The kingdom of God is like a king who decided to square accounts with his servants. As he got under way, one servant was brought before him who had run up a debt of a hundred thousand dollars. ...

Matthew 18:21-35
Message



... He couldn't pay up, so the king ordered the man, along with his wife, children, and goods, to be auctioned off at the slave market. ...

Matthew 18:21-35
Message



... “The poor wretch
threw himself at the
king’s feet and begged,
‘Give me a chance and
I’ll pay it all back.’
Touched by his plea,
king let him off, erasing
the debt. ...

Matthew 18:21-35
Message



... “The servant was no sooner out of the room when he came upon one of his fellow servants who owed him ten dollars. He seized him by the throat and demanded, ‘Pay up. Now!’ ...

Matthew 18:21-35
Message



**... “The poor wretch
threw himself down and
begged, ‘Give me a
chance and I’ll pay it all
back.’ But he wouldn’t
do it. He had him
arrested and put in jail
until the debt was paid.
When the other servants
saw this going on, ...**

**Matthew 18:21-35
Message**



... they were outraged and brought a detailed report to the king. The king summoned the man and said, 'You evil servant! I forgave your entire debt when you begged me for mercy. Shouldn't you be compelled to be merciful to your fellow servant who asked for mercy?' ...

Matthew 18:21-35
Message



... The king was furious and put the screws to the man until he paid back his entire debt. And that's exactly what my Father in heaven is going to do to each one of you who doesn't forgive unconditionally anyone who asks for mercy."

Matthew 18:21-35
Message



I. Because I
have been
forgiven,
I can forgive



**“Happy are those who
work for peace.”**

**Matthew 5:9
Today's English Version**



II. The unforgiving become the unforgiven



**“And forgive us our sins,
just as we have forgiven
those who have sinned
against us.”**

**Matthew 6:12
New Living Translation**



“If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins.”

Matthew 6:14-15
New Living Translation



“God blesses those who are merciful, for they will be shown mercy.”

Matthew 5:7
New Living Translation



**“But when you are
praying, first forgive
anyone you are holding a
grudge against, so that
your Father in heaven
will forgive your sins,
too.”**

Mark 11:25
New Living Translation



**“Stop judging others,
and you will not be
judged. Stop criticizing
others, or it will all come
back on you. If you
forgive others, you will
be forgiven.”**

Luke 6:37
New Living Translation



“As long as we are unable to forgive we keep ourselves chained to the unforgiven. We give them rent-free space in our mind, emotional shackles in our heart, and the right to torment us in the small hours of the night.”

Author Unknown



**“To be a Christian means
to forgive the inexcusable
because God has forgiven
the inexcusable in you.”**

C.S. Lewis



How?

1. Nail it to the
Cross



How?

2. Start today