

“LOVE IS NOT EASILY ANGERED”



“Love is not easily angered.”

1 Corinthians 13:5, (NIV)



**HOW DO
YOU TAME
YOUR
TEMPER?**

40
Days
of **LOVE**



1. Resolve To Manage It.

A fool gives full vent to his anger, but a wise man keeps himself under control.

Proverbs 29:11, (LB)



2. Remember The Cost.

“A hot-tempered man . . . gets into all kinds of trouble.”

Proverbs 29:22, (LB)



Proverbs 15:18, (GN)

“Hot tempers cause arguments.”

Proverbs 14:29, (LB)

“... anger causes mistakes.”

Proverbs 14:17, (GN)

“People with hot tempers do foolish things.”



ANGER
is only one
letter short of

DANGER

“The fool who provokes his family to anger and resentment will finally have nothing worthwhile left.”

Proverbs 11:29, (LB)



3. Reflect Before Reacting.

“A stupid man gives free rein to his anger; a wise man waits and lets it grow cool.”

Proverbs 29:11, (NEB)



*“Lord, help me control my tongue;
help me be careful about what I say.”*

Psalm 141:3, (NCV)



4. Release My Anger Appropriately.

“If you become angry, don’t let your anger lead you into sin.”

Ephesians 4:26, (GN)



**Post this at all the intersections,
dear friends: Lead with your ears,
follow up with your tongue, and let
anger straggle along in the rear.
God's righteousness doesn't grow
from human anger.**

James 1:19-20, (Message)



5. Re-Pattern Your Mind.

“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.”

Romans 12:2, (NLT)



“Keep away from angry, short-tempered people, or you will learn to be like them ...”

Proverbs 22:24, (LB)



6. Rely On God's Help.

“Patience and encouragement come from God. I pray God will help you all agree with each other the way Christ Jesus wants.”

Romans 15:5, (NCV)



“The fruit of the Spirit is... patience.”

Galatians 5:22, (NIV)



“I’ll give you a new heart, put a new spirit in you. I’ll remove the stone heart from your body and replace it with a heart that’s God-willed, not self-willed.”

Ezekiel 36:26, (Message)

