



# THE PSYCHOLOGY OF *Winning*



**“The Psychology of Winning” is a road map to winning in life.**

**It is a systematic strategy that embarks upon the mental perspective required to achieve victory in every area of life.**

**The mind is the central hub for establishing thinking patterns and the path for winning spiritually, emotionally, physically, educationally, socially, and financially.**

**Without proper thinking, we forfeit the victory we desire.**

**In addition to proper thinking, proper actions are equally vital and important to winning.**

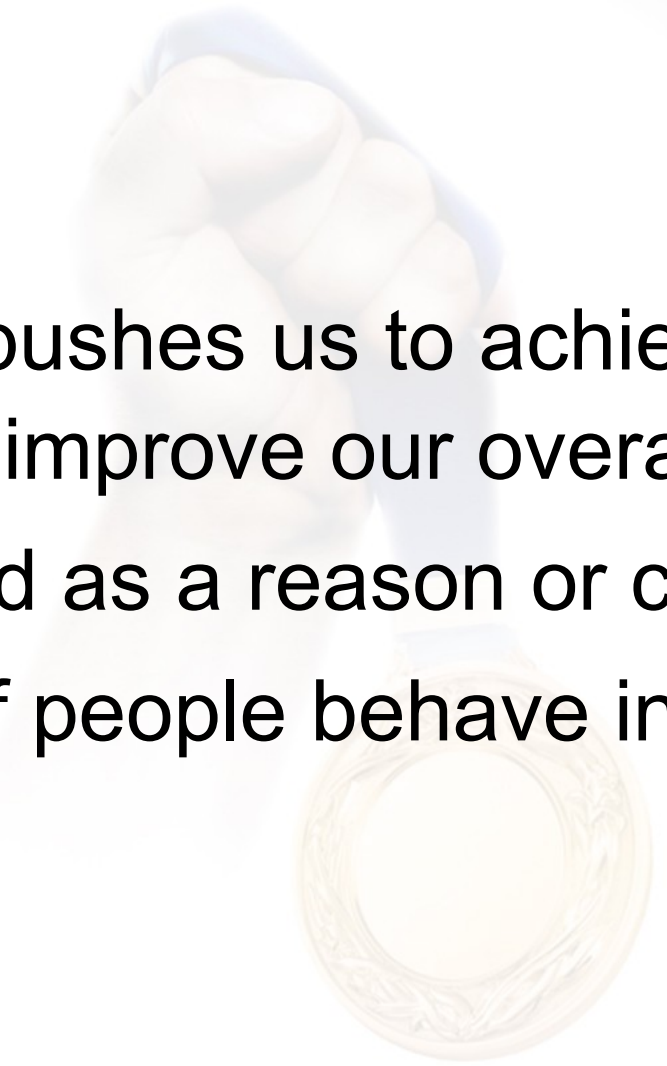
**If a person fails to connect the two, they will inevitably abort their destiny and success in life.**



A hand holding a gold medal, symbolizing achievement and motivation.

# I Am Motivated to Win!

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OF  
*Winning*

A faint, semi-transparent background image of a hand holding a gold medal. The hand is positioned at the top, with fingers curled around a blue ribbon. The gold medal is circular with a laurel wreath border and is held in front of the hand.

Motivation is what pushes us to achieve our goals, feel more fulfilled and improve our overall quality of life.

It can be described as a reason or cause by which a person or a group of people behave in a certain manner.



A faint, semi-transparent background image of a hand holding a gold medal. The hand is positioned at the top, with fingers wrapped around a blue ribbon. The gold medal is oval-shaped with a decorative border and a central circular area. The background is a light gray gradient.

One of the key building blocks to  
winning is self-motivation.

20 And, behold, a woman, which  
was diseased with an issue of  
blood twelve years, came behind  
him, and touched the hem of his  
garment:

21 For she said within herself, If I  
may but touch his garment, I shall  
be whole.

Matthew 9:20-21, KJV



Self-motivation is the force that keeps pushing us to go on even when we feel like giving up.

It is our internal drive to achieve, produce, develop, and keep moving forward.



It's important to understand  
that success will never manifest around  
you until it's established within you.





*“I can do all things through  
Christ who strengthens me.”*

Philippians 4:13, NKJV



There are both internal and external factors that stimulate desire and energy needed to maintain strong levels of self-motivation.



1. Self-confidence is the belief in one's own ability.

*As believers, we must believe we were born to win regardless of the odds that sometime seemingly, appear to be against us.*



The power of  
confidence is a  
knowing that no matter  
what you do,  
you will not fail.





30 Moreover whom He predestined,  
these He also called; whom He  
called, these He also justified; and  
whom He justified, these He also  
glorified.

31 What then shall we say to these  
things? If God is for us, who can be  
against us?

Romans 8:30-31, NKJV



2. Self-efficacy is the ability to produce the desired result.

*The essence of this factor is effectiveness.  
We can't truly be effective if we don't know  
what we want to achieve.*



### 3. Maintain focus and strong goals.

*If we fail to direct our mental focus to the inside,  
our focus will get distracted by the outside.  
Instead of 'acting' we begin 'reacting' to the  
demands of the outside world.*



Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go.

Joshua 1:7, NKJV





This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Joshua 1:8, NKJV





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