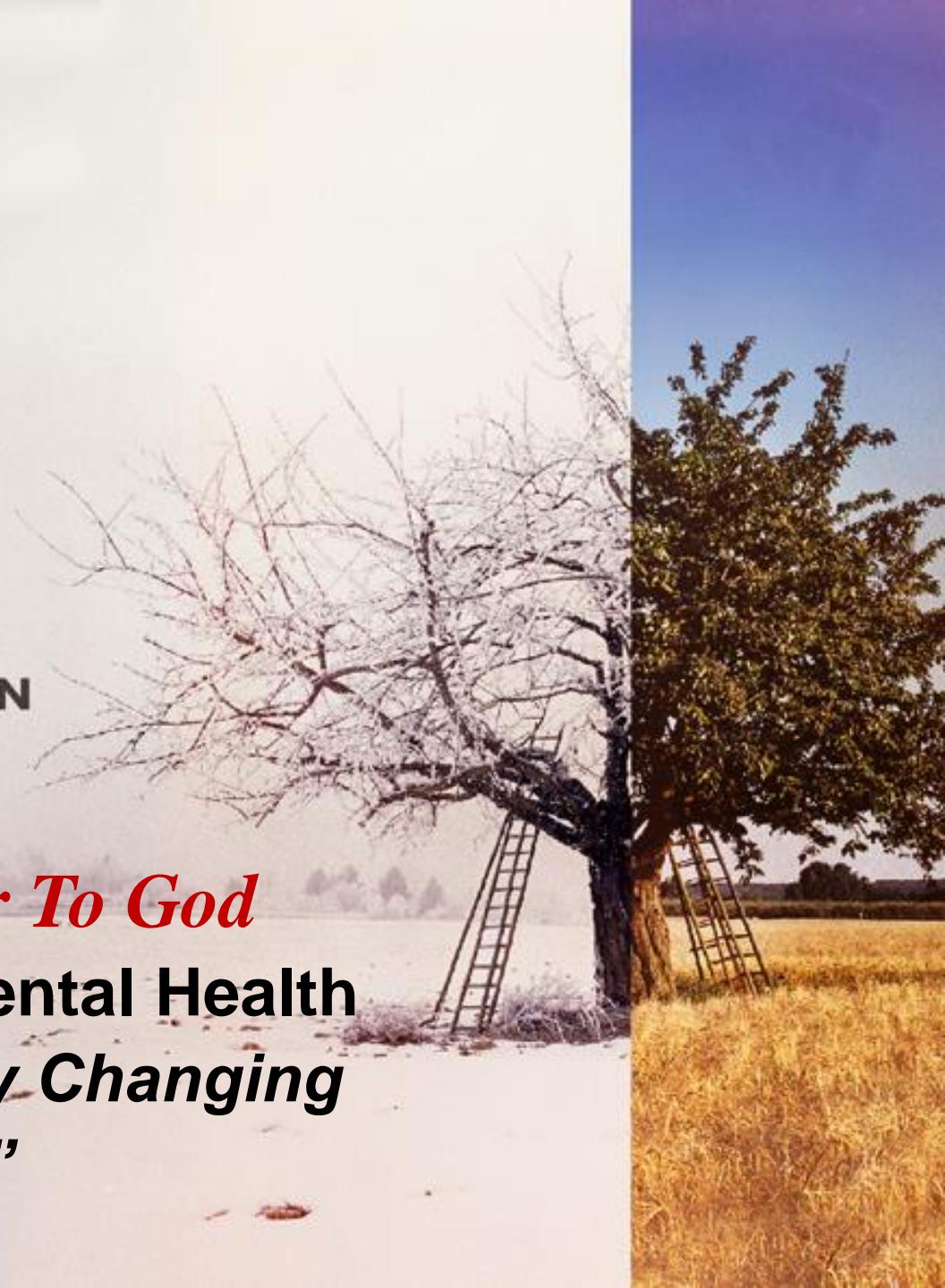


50 DAYS *of*
TRANSFORMATION

How To Get Closer To God
Transformed in My Mental Health
**“Change Your Life By Changing
Your Mind”**



The **mind** is the set of cognitive faculties including consciousness, imagination, perception, thinking, judgement, language and memory, which is housed in the brain .

It is usually defined as the faculty of an entity's thoughts and consciousness.

It holds the power of imagination, recognition, and appreciation, and is responsible for processing feelings and emotions, resulting in attitudes and actions.

ROMANS 12:2

New Living Translation

Do not be conformed to the pattern of this world, but let God transform you into a new person changing the way you think.

1. Because My Thoughts Control My Life.

PROVERBS 4:23

Today's English Version

Be careful how you think; your life is shaped by your thoughts.

2. Because My Mind Is The Battleground For Sin.

ROMANS 7:22-23

Living Bible

I love to do God's will so far as my new nature is concerned; but there's something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin within me. ...

3. Because It's The Key To Peace And Happiness.

ROMANS 8:6

New Living Translation

If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace.

4. I Must Feed My Mind With Truth.

MATTHEW 4:4

New Living Translation

People need more than bread for their life; they must feed on every Word of God.

When should I feed my mind with truth?
ALL THE TIME.

PSALM 16:7

Contemporary English Version

Even in my darkest of night,
Your teachings fill my mind.

3 FORCES BATTLING IN YOUR MIND

1. Enemy: My old nature

ROMANS 7:23

New American Bible

I see in my body a principle at war with the law of my mind, taking me captive to the law of sin that dwells inside me.

ROMANS 8:5

New Living Translation

Those who are dominated by their sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.

Acts 1:8

New Kings James Version

“But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.”

3 FORCES BATTLING IN YOUR MIND

1. Enemy: My old nature
2. Enemy: Satan

2 CORINTHIANS 2:11

(I've forgiven that man) so that Satan won't outsmart us. For we're very familiar with his evil schemes!

3 FORCES BATTLE IN YOUR MIND

1. Enemy: My old nature
2. Enemy: Satan
3. Enemy: The world's value

1 JOHN 2:16

King James Version

All that is in the world, the lust of the flesh, the lust of the eyes, and the pride of life, is not of the Father, but is of this world.

2 CORINTHIANS 10:3-5

Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. [Our weapons] have divine power to demolish strongholds. ...

2 CORINTHIANS 10:3-5

... We demolish any argument and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

JAMES 1:14-15

New Living Translation

Temptation comes from the lure of our own evil desires. These evil desires lead to evil actions, and then the evil actions lead to death.

HOW TEMPTATION WORKS

Step 1: Desire

Step 2: Doubt

Step 3: Deception

Step 4: Disobedience & Defeat

PSALM 119:112

Contemporary English Version

I have made up my mind to obey Your laws forever,
no matter what.