



THE PSYCHOLOGY OF *Winning*



“Prepare the Path for Victory”



A faint background image of a hand holding a gold medal. The hand is positioned at the top, with fingers curled around the medal's stem. The medal is circular with a decorative border and a blank center. The overall image is semi-transparent and serves as a background for the text.

Prepare

To take the necessary action to put something into a state where it is fit for use or to organize for a particular event or purpose.

A faded background image of a hand holding a gold medal. The hand is positioned at the top, gripping a blue ribbon that loops around a large, ornate gold medal. The medal has a circular face with intricate designs. The entire image is semi-transparent, allowing the text to be clearly visible over it.

The first step to winning is having a clear path to victory.

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**1 Now Jericho was securely shut up because of the children of Israel;
none went out, and none came in.**

**2 And the Lord said to Joshua: “See! I have given Jericho into your
hand, its king, and the mighty men of valor.**

**3 You shall march around the city, all you men of war; you shall go all
around the city once. This you shall do six days.”**

Joshua 6:1-3, NKJV

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4 “And seven priests shall bear seven trumpets of rams' horns before the ark. But the seventh day you shall march around the city seven times, and the priests shall blow the trumpets.

5 It shall come to pass, when they make a long blast with the ram's horn, and when you hear the sound of the trumpet, that all the people shall shout with a great shout; then the wall of the city will fall down flat. And the people shall go up every man straight before him.”

Joshua 6:4-5, NKJV

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*Where there is no vision the people
perish.*

Proverbs 29:18



- ❑ *“Vision is a preferred future.”*
 - ❑ *“Vision demands change.”*
 - ❑ *“Vision implies movement.”*
- ❑ *“Vision begins with the inability to accept things the way they are.”*
- ❑ *“Vision matures into a clear picture of what could be.”*



There are five
essential building
blocks to every
vision.



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I. Confidence - a feeling or belief that you can do something well; belief in your own abilities.



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A faint, artistic background image of a hand holding a gold medal. The hand is positioned vertically, with the thumb and index finger gripping the top of the medal's ring. The medal is circular with a detailed, embossed border. The background is a soft, light blue gradient.

“A man cannot be comfortable without his own approval”

Mark Twain

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A faint, semi-transparent background image of a hand holding a gold medal. The hand is positioned at the top, gripping a blue ribbon, and the gold medal hangs down from it. The medal has an ornate, circular design.

“I can do all things through Christ who strengthens me.”

Philippians 4:13, NKJV

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II. Motivation – being driven and determined to create the life that you want to live; prepared to do whatever it takes to achieve your goals, regardless of the challenges posed.



27 When she heard about Jesus, she came behind Him in the crowd and touched His garment.

28 For she said, “If only I may touch His clothes, I shall be made well.”

Mark 5:27-28, NKJV



III. Overcoming Setbacks - something that reverses or delays progress; relatively minor “hiccups,” or speed bumps that slow you down.



“You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it.”

Maya Angelou



A faint background image of a hand holding a gold medal. The hand is positioned vertically, with the thumb and index finger gripping a blue ribbon that is attached to a large, ornate gold medal. The medal has a circular face with intricate designs. The background is a light gray gradient.

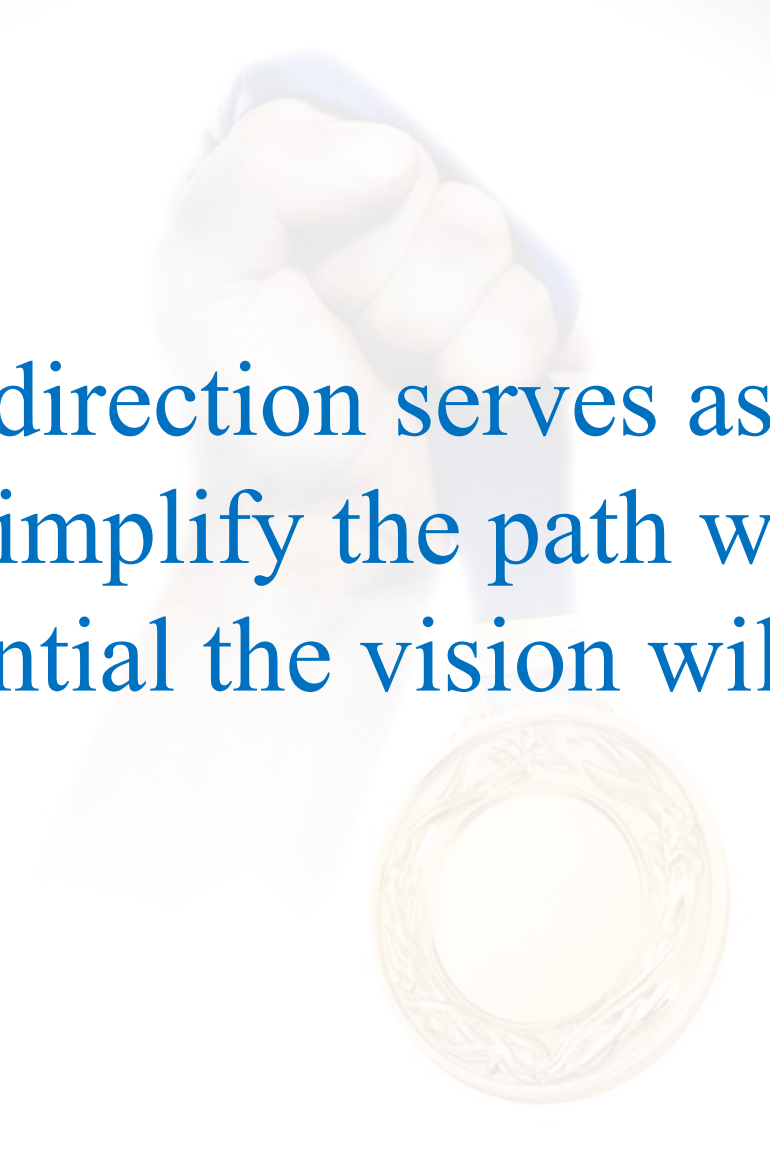
“Success is where preparation and
opportunity meet.”

Bobby Unser

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IV. Clear Direction - knowing how you're going to get where you want to go.



A faint, artistic background image showing a hand holding a gold medal. The hand is positioned at the top, and the medal is at the bottom, with a soft glow around them.

Having clear direction serves as a road map.
The more we can simplify the path we want to take, the
greater the potential the vision will come to pass.

V. Purpose - why we do what we do; it's the reason that perpetuates the passion to fight through pain and suffering to overcome and win.



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A faint, semi-transparent background image of a hand holding a gold medal. The hand is positioned at the top, with fingers wrapped around a blue ribbon. The gold medal is oval-shaped with a decorative border and a central circular area. The background is a light gray gradient.

People who know their purpose in life know who
they are, what they are, and why they are.

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