

An aerial photograph of a beach with turquoise water and white foam waves crashing onto the sand. The text '40 days of Prayer' is overlaid in white serif font.

40 *days of* Prayer

DO YOU REALLY
WANT TO GROW UP?

“We are not meant to remain as children
at the mercy of every chance wind of
teaching . . .

Instead we are meant to hold firmly to
the truth in love, and TO GROW UP IN
EVERY WAY INTO CHRIST . . .”

Ephesians 4:14 (Ph)

SIX LAWS OF SPIRITUAL GROWTH

1. We Grow When We
Feed On God's Word.

Jesus: “People need more than bread for their life; they must feed on every Word of God.”

Matthew 4:4 (NLT)

Paul: “. . . the Word of His grace is able to build you up and give you all the blessings that God has for his people.”

Acts 20:32

Action Steps:

Hear . . . Read . . . Study . . .
Memorize . . . Meditate . . . Apply

2. We Grow When We
Learn In Different Ways.

“In many different ways John preached the good news to the people.”

Luke 3:18 (CEV)

- ☐ **By Listening (Auditory)**
- ☐ **By Watching/Reading (Visual)**
- ☐ **By Talking (Verbal/Oral)**
- ☐ **By Doing it (Physical)**

“God speaks in different ways, and we don’t always recognize his voice.”

Job 33:14 (CEV)

3. We Grow When We
Develop Spiritual Habits.

“Now that you know these things, you’ll be blessed if you practice them!”

John 13:17

“Solid food is for mature people,
whose minds have been TRAINED BY
PRACTICE to know the difference
between good and evil.”

Hebrews 5:14 (GW)

- ❑ Habit of weekly large group worship
- ❑ Habit of small group fellowship
- ❑ Habit of daily time alone with God
(Bible & Prayer)
- ❑ Habit of memorizing God's Word

4. We Grow When We
Help Each Other Grow.

“I want us to help each other
with the faith we have. Your
faith will help me, and my
faith will help you.”

Romans 1:12 (NCV)

“Let us be concerned for one another, to help one another, to show love and to do good. Let us not give up the HABIT of meeting together, as some are doing. Instead, let us encourage one another all the more . . .”

Hebrews 10:24-25 (TEV)

5. We Grow When We
Expect To Grow.

Jesus said, “According to your faith will it be done to you.”

Matthew 9:29 (NIV)

6. We Grow When We
Commit To Grow.

“You’ll find me when you get serious about finding me and want it more than anything else . . .”

Jeremiah 29:13 (Message)

“Because of all this, we again promise to serve the Lord! And we and our princes and Levites and priests put our names to this covenant.”

Nehemiah 9:38 (TLB)