



FIT FOR THE BATTLE AT HAND

BTWF SPIRITUAL WARFARE SERIES

BISHOP CALVIN SCOTT, PhD

Session 1: Spiritual Fitness for the Battle of the Mind

Session 2: Overcoming Vicious Cycles

Session 3: Frozen in Time

Session 4:

“*The Battle In My Head*”

*4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,
5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,
6 and being ready to punish all disobedience when your obedience is fulfilled.*

2 Corinthians 10:4-6, NKJV

Three Basic Battlegrounds:

The Mind: The First Strategic Area

The Heart: The Second Strategic Battleground

The Mouth: The Third Strategic Area

The Mind: The First Strategic Area

Every thought that enters our minds has three possible sources:

First, Thoughts can originate within ourselves.

Secondly, Thoughts can come from God.

Thirdly, Thoughts can come from Satan.

22 Then Peter took Him aside and began to rebuke Him, saying, "Far be it from You, Lord; this shall not happen to You!"

23 But He turned and said to Peter, "Get behind Me, Satan! You are an offense to Me, for you are not mindful of the things of God, but the things of men."

Matthew 16:22-23, NKJV

The Heart: The Second Strategic Battleground

*Guard your heart above all else, for it
determines the course of your life.*

Proverbs 4:23, NLT

Nullify Satan's Three Kingpins of the Heart:

- 1. Pride*
- 2. Unbelief*
- 3. Fear*

The Mouth: *The Third Strategic Area*

*And the tongue is a fire, a world of iniquity.
The tongue is so set among our members that
it defiles the whole body, and sets on fire the
course of nature; and it is set on fire by hell.*

James 3:6, NKJV

*8 But no man can tame the tongue. It is an unruly evil,
full of deadly poison.*

*9 With it we bless our God and Father, and with it we
curse men, who have been made in the similitude of
God.*

James 3:8-9, NKJV

*10 Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so.
11 Does a spring send forth fresh water and bitter from the same opening?*

James 3:10-11, NKJV

*23 And be renewed in the spirit of your mind;
24 And that ye put on the new man, which after God is
created in righteousness and true holiness.*

Ephesians 4:23-24