

# *“It’s Time for a Spiritual Checkup”*

## *Part II*

*Bishop Calvin Scott, Ph.D.*

<sup>23</sup> *Search me, O God, and know my heart: try me, and know my thoughts:*  
<sup>24</sup> *And see if there be any wicked way in me, and lead me in the way everlasting.*

*Ps. 139:23-24, KJV*

### *Spiritual Checkup List*

- 1. Spiritual Restoration**
- 2. Bear the Burden of Someone Else – *Fulfill the Law of Christ***
- 3. Self-Worth**

*For if anyone thinks himself to be something, when he is nothing, he deceives himself.*

*Gal. 6:3, NKJV*

*How we view ourselves is connected to how we think about ourselves.*

*We mentally deceive ourselves by mentally straying or mentally wondering.*

**30** *The king spoke, saying, "Is not this great Babylon, that I have built for a royal dwelling by my mighty power and for the honor of my majesty?"*

**31** *While the word was still in the king's mouth, a voice fell from heaven: "King Nebuchadnezzar, to you it is spoken: the kingdom has departed from you!"*

**Dan. 4:30-31, NKJV**

*And they shall drive you from men, and your dwelling shall be with the beasts of the field.*

*They shall make you eat grass like oxen; and seven times shall pass over you, until you know that the Most High rules in the kingdom of men, and gives it to whomever He chooses.*

**Dan. 4:32, NKJV**

## *Spiritual Checkup List*

### **4. Examining My Own Conduct and Work**

***But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another.***

***Gal. 6:4, NKJV***

*<sup>5</sup> Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you — unless, of course, you fail the test?*

***2 Cor. 13:5, NIV***

### **Spiritual Checkup List**

#### ***5. Bearing My Own Load***

*For each one shall bear his  
own load.*

**Gal. 6:5, NAS**

*For we are each  
responsible for our own  
conduct.*

**Gal. 6:5, NKJV**